



Newsletter of the
**Canadian Music Therapy
Trust Fund**

1175 Bloor St.W.
Toronto, ON M6H 1M9
☎416.535.0200

trustfund@musictherapycentre.com
musictherapytrust.com

MINI-TRUSTTALK No. 2 - SEPTEMBER 2004

On Saturday September 25, 2004...they'll be ridin' up the mountain, yes they will...if it doesn't rain...for the **Third Annual Music Therapy Ride** from Vancouver to Whistler. Featuring:

- an elite police motorcycle unit in the lead;
- followed by 20 vintage cars -- first driver: **Colin James** along with **Bif Naked** and members of **Nickelback** plus a host of other artists (all of whom will sing for their supper.
- loads of big, beautiful, shiny motorcycles
- **WAY-to-GO GANG !!**

Check out the website
www.slfa.com/bike

Neill Dixon sent in *\$7,000* gathered at *Canadian Music Week 2004*. A portion of this will fund the Polio Survivors Group here at the Centre. They will come by WheelTrans, adapted cars and TTC for an afternoon of community and music making. Some of these participants are dealing with residual polio -- others with the results of many years of combating fatigue, weakness and difficulty with breathing. All are looking forward to Tuesday afternoon music making with Laurel Young, Music Therapist and Vice Chair of the Trust Fund.



The story of **John...**

- Six years ago, John was a Canadian drummer working in a band in Vegas
- After a major car accident, he was sent back to Canada
- He was immobile and became a self-selective mute using only 'yes', 'no', and 'I'm cold' to communicate
- A music therapist asked us for a **hi-hat**
- A platform was built to support John's leg so that he could play
- John continued to get involved with the rhythm and beat it out with his foot
- Eventually John joined in as the music therapist sang
- Now, leg support is not needed, and John has full communication.
- **Cost of hi-hat: \$50**
- **Sessions: Supported**
- **Quality of Life: Immeasurably Improved!**